

# A 15-Day Scripture Writing Guide for worry + anxiety

God speaks to us through His Word, so take some time each day this month to write down the following Scriptures about healing. If you have time, you might want to also write a prayer that the Scripture leads you to pray, or your reflections as you write.

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|--------------------------------|-----------------|---------------------------------|-------------------|
| <input type="checkbox"/> Day 1 | Matt. 11:28-30  | <input type="checkbox"/> Day 9  | Hebrews 13:5-6    |
| <input type="checkbox"/> Day 2 | John 14:27      | <input type="checkbox"/> Day 10 | Psalms 56:3       |
| <input type="checkbox"/> Day 3 | Colossians 3:15 | <input type="checkbox"/> Day 11 | Matthew 6:25-34   |
| <input type="checkbox"/> Day 4 | 2 Thess. 3:16   | <input type="checkbox"/> Day 12 | Proverbs 3:5-6    |
| <input type="checkbox"/> Day 5 | Psalms 55:22    | <input type="checkbox"/> Day 13 | Romans 8:38-39    |
| <input type="checkbox"/> Day 6 | Proverbs 12:25  | <input type="checkbox"/> Day 14 | Philippians 4:6-7 |
| <input type="checkbox"/> Day 7 | 1 Peter 5:6-8   | <input type="checkbox"/> Day 15 | Luke 12:24-34     |
| <input type="checkbox"/> Day 8 | Psalms 23:4     |                                 |                   |