

# Are You Ready for a Fresh Start in 2019?

A lot can happen in one year. Pain, setbacks and hurts can cause us to become overwhelmed with anxiety and disappointment. Regardless of what happened in 2018, you have the power to start the new year with renewed hope and faith!

Use this moment, right now, to pray and ask God to use these Scriptures to speak healing and hope over your life. Your enemy, Satan, is real and his goal is to make you already feel defeated for the year ahead. Stop his attacks by reading these Bible verses of promises out loud and carrying them with you so you are always ready to speak truth over your life. Start 2019 fully alive in God's love and promises to give you hope and a future!

#### Isaiah 40:31

Those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.

## 2 Corinthians 5:17

Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!

## Teremiah 29:11

For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future."

## Isaiah 40:30-31

Even youths grow tired and weary, and young men stumble and fall; but those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.

## CrossCards

#### Psalm 31:23-24

Love the LORD, all his faithful people! The LORD preserves those who are true to him, but the proud he pays back in full. Be strong and take heart, all you who hope in the LORD.

#### Lamentations 3:22-23

Because of the LORD's great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness.

#### Ecclesiastes 3:11

He has made everything beautiful in its time. He has also set eternity in the human heart; yet no one can fathom what God has done from beginning to end.

#### Isaiah 43:19

See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the wilderness and streams in the wasteland.

## Ephesians 4:22-24

You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; to be made new in the attitude of your minds; and to put on the new self, created to be like God in true righteousness and holiness.

#### Romans 8:18

I consider that our present sufferings are not worth comparing with the glory that will be revealed in us.

## Ezekiel 11:19

I will give them an undivided heart and put a new spirit in them; I will remove from them their heart of stone and give them a heart of flesh.

#### Micah 7:7

I watch in hope for the LORD, I wait for God my Savior; my God will hear me.

#### John 3:16

For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.

## Psalm 98:1

Sing to the LORD a new song, for he has done marvelous things; his right hand and his holy arm have worked salvation for him.

## CrossCards

#### Psalm 90:12

Teach us to number our days, that we may gain a heart of wisdom.

#### Romans 8:18

I consider that our present sufferings are not worth comparing with the glory that will be revealed in us.

#### Isaiah 54:1-5

"Sing, barren woman, you who never bore a child; burst into song, shout for joy, you who were never in labor; because more are the children of the desolate woman than of her who has a husband," says the LORD. "Enlarge the place of your tent, stretch your tent curtains wide, do not hold back; lengthen your cords, strengthen your stakes. For you will spread out to the right and to the left; your descendants will dispossess nations and settle in their desolate cities. Do not be afraid; you will not be put to shame. Do not fear disgrace; you will not be humiliated. You will forget the shame of your youth and remember no more the reproach of your widowhood. For your Maker is your husband— the LORD Almighty is his name— the Holy One of Israel is your Redeemer; he is called the God of all the earth."

## Deuteronomy 7:13

He will love you and bless you and increase your numbers. He will bless the fruit of your womb, the crops of your land—your grain, new wine and olive oil—the calves of your herds and the lambs of your flocks in the land he swore to your ancestors to give you.

## 1 Peter 1:3-7

Praise be to the God and Father of our Lord Jesus Christ! In his great mercy he has given us new birth into a living hope through the resurrection of Jesus Christ from the dead, and into an inheritance that can never perish, spoil or fade. This inheritance is kept in heaven for you, who through faith are shielded by God's power until the coming of the salvation that is ready to be revealed in the last time. In all this you greatly rejoice, though now for a little while you may have had to suffer grief in all kinds of trials. These have come so that the proven genuineness of your faith—of greater worth than gold, which perishes even though refined by fire—may result in praise, glory and honor when Jesus Christ is revealed.

#### Proverbs 23:18

There is surely a future hope for you, and your hope will not be cut off.