

crosswalk.com

Hope *for* Healing

a guide for biblical
healing and prayer



Table of Contents

3

Healing Scriptures

4

Names of God our Healer

5

Steps toward Healing and Restoration

6

A Prayer for Personal Healing

8

A Prayer for Healing for Friends

9

A Prayer for Healing and Grace

10

A Prayer for Healing Sick Family and Friends

11

A Prayer for When Sickness Comes

12

A Prayer for Those Waiting on Healing

14

Further Reading



Healing Scriptures

Jeremiah 17:14

Heal me, O Lord, and I will be healed; save me and I will be saved, for you are the one I praise.

James 5:14–15

Is anyone among you sick? Let them call the elders of the church to pray over them and anoint them with oil in the name of the Lord. And the prayer offered in faith will make the sick person well; the Lord will raise them up. If they have sinned, they will be forgiven.

Isaiah 33:2

LORD, be gracious to us; we long for you. Be our strength every morning, our salvation in time of distress.

Psalms 30:2

LORD my God, I called to you for help, and you healed me.

Mark 2:17

Jesus said to them, “It is not the healthy who need a doctor, but the sick. I have not come to call the righteous, but sinners.”

Revelation 21:4

He will wipe every tear from their eyes. There will be no more death or mourning or crying or pain, for the old order of things has passed away.



Names of God our Healer

Jehovah-Jireh

the Lord who sees and provides

Jehovah-Nisi

the Lord is my miracle or the Lord is my banner

Jehovah-Tsidkenu

the Lord who is our righteousness

Jehovah-Shalom

the Lord of peace

Jehovah-Rapha

the Lord who heals you



Steps toward Healing and Resoration

- 1 Let go of any inner vows you may have made.
- 2 Stop trying to deal with your pain in unhealthy ways.
- 3 Listen to the messages that your pain communicates.
- 4 Embrace the truth that you're not a burden, but a blessing.
- 5 Replace deceptive thoughts with biblical truth.
- 6 Come out of hiding.
- 7 Enter into a healing partnership with God.
- 8 Let your brokenness lead you to a closer relationship with God.
- 9 Break the cycle of pain in your relationships so you can leave a healthy legacy.



A Prayer for Personal Healing

by Rebecca Barlow Jordan

God, you know me so well. You created me. You know the number of hairs on my head, and you even know the thoughts conceived in my heart before I ever vocalize them. You've told us to come to you and ask for every need of life. You are Jehovah-Rapha, the God who heals, and you have the final word on my destiny, the number of years I'll live and serve you on earth.

I'm coming to you today as your child, longing to hear from you and asking for your divine healing. There's so much I don't understand about life. But I do know that with one touch, one word, you can make me whole. Please forgive me of my sins, cleanse me of my unrighteousness, and begin your healing from the inside out.

I don't always know what your will is Lord, especially in times like now, when I desperately seek your face. I offer you no promises, no bargains, no deals to exchange for my health. I simply bow my heart before you to tell you the desire of my heart: that I want to spend as many years as I can loving you here, loving others, and wanting to become more like you. However you choose to accomplish that is up to you—and okay with me. If you use doctors to provide healing, give them wisdom to know what to do. Regardless of how you accomplish it, the healing you give is always miraculous. And you deserve all the praise.



I absolutely believe you have the power to heal. You demonstrated that on earth, and you still heal in miraculous ways today. Even when my faith is weak, you say it is enough, and my love for you is strong. And I know you already hold my heart and life in your hands. It's up to you. If I can bring you more glory through healing, then that's what I ask for. That's what I desire.

But if your answer is no, or not now, I know that your grace is sufficient for me. Ultimately, I want your will to be my will. I look forward to spending an eternity with you. But Lord, if you have planned still more for me to do here on this earth, I not only need and want your physical healing, Lord, but a thorough, deep-down cleansing and strengthening—a whole-hearted renewal of all that I am. Because all that I am is yours. Use this trial to strengthen me from a “what-if” faith to a “no-matter-what” faith. And no matter what, I choose to honor you and give you glory.

In Jesus's name, Amen.



A Prayer for Healing for Friends

by Rebecca Barlow Jordan

Lord, your Word speaks promises of healing and restoration and I thank you for the miracles you still perform today. Today I claim those promises over my friend. I believe in the healing power of faith and prayer and I ask you to begin your mighty work in the life of my friend.

Please reach down and surround my friend with supernatural peace and strength and give her the faith to believe that all things are possible for you. Protect her from Satan's lies and discouragement and let her miraculous healing begin.

Amen.



A Prayer for Healing and Grace

by Debbie McDaniel

Dear God, we confess our need for you today. We need your healing and your grace. We need hope restored. We need to be reminded that you work on behalf of those you love, constantly, powerfully, completely. Forgive us for trying to fix our situations all on our own. Forgive us for running all different directions and spinning our wheels to find help, when true help and healing must be found first in You. Forgive us for forgetting how much we need you, above everyone and everything else.

We come to you and bring you the places we are hurting. You see where no one else is able to fully see or understand. You know the pain we've carried. The burdens. The cares. You know where we need to be set free. We ask for your healing and grace to cover every broken place. Every wound. Every heartache. Thank you that you are Able to do far more than we could ever imagine. Thank you for your Mighty Power that acts on behalf of your children. We reach out to you, and know that you are restoring and redeeming every place of difficulty, every battle, for your greater glory. Thank you that you will never waste our pain and suffering. We love you. We need you today.

Amen.



A Prayer for Healing Sick Family and Friends

by Wendy van Eyck

Lord Jesus, thank you that you love [name of person who needs healing]. I know that you hate what their illness is doing to them/ me. I ask, in the name of Jesus, that you would heal this disease, that you would have compassion and bring healing from all sickness.

Your word says in Psalm 107:19–20 that when we call out to you the Eternal one you will give the order, heal and rescue us from certain death. In the Bible, I have read of miraculous healing and I believe that you still heal the same way today. I believe that there is no illness you cannot heal after all the bible tells of you raising people from the dead so I ask for your healing in this situation.

I also know from my experience of life on earth that not everyone is healed if that happens here than keep my heart soft towards you, help me to understand your plan and help me to be excited about heaven.

Lord Jesus, thank you that our hope for healing is in you. If there are doctors or treatments that you would want to use to heal this disease I pray that you would guide [name of person who needs healing] to them. I ask for wisdom and discernment about which treatments to pursue.

God, I thank you that [name of person who needs healing] belongs to you and that you are in control of everything that happens from our first breath to our last sigh.

Amen.



A Prayer for When Sickness Comes

by Rebecca Barlow Jordan

Jesus, you control all the parts of my body, and you know when they're not working at their best. Sickness leaves me stressed and steals time from all the things I want to be doing. I'm honest, Lord. I don't like to be sick. But times like this also make me rest in you, so I thank you for this chance simply to wait on you.

I come to you today asking for your touch, Lord. Help me to be patient and allow you to do your work. If doctors are involved, give them wisdom, and thank you for providing the help I need, however you choose to provide. Whether this is a test, or simply a time to trust, I want my response to honor you.

As my Good Shepherd, I know you will lead me beside quiet places and restore my soul and body. I trust you and want to follow your leading. Help me to welcome this time not as an interruption in my carefully planned schedule, but as an opportunity to draw strength and nourishment for the journey ahead. You are my healer and my Great Physician. I look to you and give thanks for the promises in your Word that assure me of your presence and your help.

Teach me what you want me to learn during these unpleasant times, Lord. Help me not to take out my discomfort on those around me, and show me how to be a good patient while I'm recovering. In these days of sickness, Lord, I'm trusting you and asking you to make me well. And when you've restored my health, give me wisdom so I can treat my body as the temple of your Spirit. I'm eager to get back on my feet serving you, but I realize that even in sickness, I can still draw near to you.

Thank you, Jesus!



A Prayer for Those Waiting on Healing

by Megs

Father, we praise You, for You love us perfectly. You set the stars in the sky and the oceans' borders in place. Everything moves under Your omnipotent hand. To heal us gives You joy. We don't understand pain. You tell us that sin has consequences in this life, yet we struggle to draft together a lofty purpose and reasoning for the when, why, where, and who it befalls. Father, You are grace and love and hold us in perfect justice and fairness. You grow us through every season, painful and not.

When we are in pain, the world seems to stop for us. Every move becomes more poignant, and dependent on Strength above our own. Thank You for lending us Your power in times of weakness and sickness. Thank You for gluing us together when we are emotionally coming unwound. Thank You for holding our tongues when the daggers of insult threaten to wage war in our hearts. Thank You for loving us completely and perfectly, providing the care and companionship through medicine, family, friends, and church families that pray for us and unite for our cause.

Forgive us, Lord, when we are too quiet and scared to reach out. Whether it be to speak of our pain under a blanket of prayer, or shout of our miracles to Your glorious Name. Forgive our silence, and quicken us to share our grief and our miracles with You and others as a testimony of hope.



Father, you can heal us in a heartbeat. We pray for Your miraculous healing today. From depression, life-long disease, sudden failures, addictions and massive handicaps. We pray for miraculous healing because we know you are as capable of fixing our physicalities as you are to hold the oceans in place as the earth spins around. Through Your Son's death on the cross, we have the opportunity to be healed spiritually. By believing in Jesus we are connected straight to You in prayer and presence. Bless our hearts to believe in You beyond our heart's capacity. Strengthen our faith where it is weak and strengthen our resolve to linger in Your presence a little longer each day.

Take our pain away, according to Your will, in Your time. We're not promised a painless life on this earth, but You do want us to live a happy one. Send Your Spirit to help us see past our circumstances and onto Your calling on our lives. Sickness and injury can't stop God-placed dreams. Fill our hearts with hope as we wait on You to move in our lives and flow out from our hearts.

In Jesus' Name, Amen.



Further Reading

From the staff at BibleStudyTools.com

[Bible Verses on Healing at BibleStudyTools.com](#)

[God's Power to Heal You from the Inside Out](#)

by Jan Coates with Rebekah Montgomery

[How to Heal from the Pain You Carry](#)

by Whitney Hople

[A Prayer for Healing](#)

by Rebecca Barlow Jordan

[A Prayer for the Sick](#)

by Rebecca Barlow Jordan

[A Prayer for Healing and Grace](#)

by Debbie McDaniel

[A Prayer for Healing Sick Family and Friends](#)

by Wendy van Eyck

[A Prayer for Those Waiting on Healing](#)

by Megs