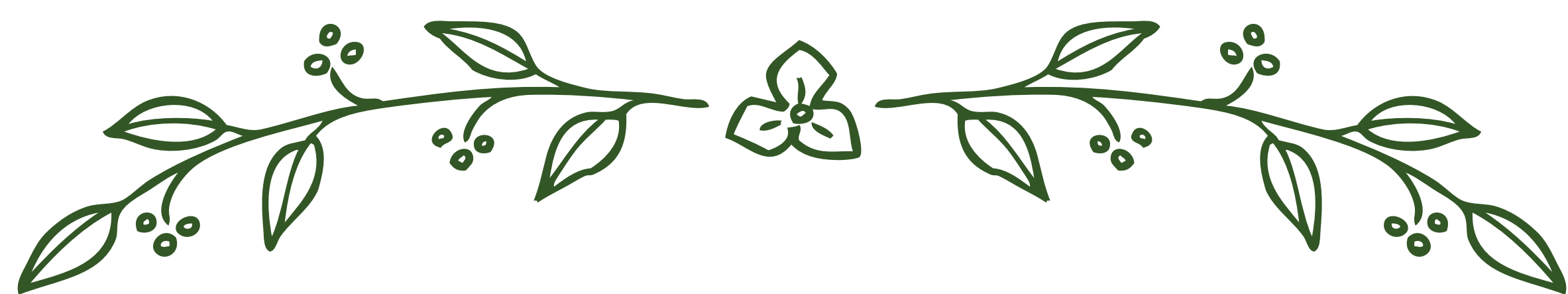


25 Prayer Prompts

FOR A HEART POSTURE
OF JOY THIS CHRISTMAS



BY: ALICIA SEARL

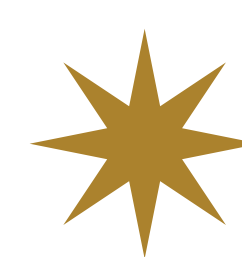


"CELEBRATE THE HOLIDAY SEASON WITH US!
MY FLESH AND MY HEART MAY FAIL, BUT GOD
IS THE STRENGTH OF MY HEART AND MY
PORTION FOREVER." - PSALMS 73:26

This Psalm is a sweet reminder for us this season. When we fall into the stressful demands and feel overwhelmed, striving to do it all, we fail to recognize Who God is. This season – God is all we need. He is our hope, our peace, and our source of joy. As we head into this holiday season, will you step away from the to-do list for a moment and pray with me? Let's offer God our gratitude and adoration with a humble heart that longs to connect more deeply with Him. In return, may we find the glorious gift of *joy*.

Here are *25 prayer prompts* to get you started. Use these to open your heart, journal your thoughts, or lead you to a Bible verse to ponder.

Together, let's shift our gaze on the glory of our King and posture our hearts for joy this Christmas.





DECEMBER 1

JOY IS FOUND IN THE TRUE MEANING OF
CHRISTMAS

THANK YOU, FATHER, FOR THIS BEAUTIFUL TIME
OF YEAR AND THE GIFT OF YOUR SON, JESUS
CHRIST. I AM IN AWE OF THE WONDERS OF
YOUR LOVE.



GIVE GOD YOUR HEART AND TELL HIM WHAT
THIS TIME OF YEAR MEANS TO YOU.



DECEMBER 2

JOY IS FOUND IN SEEKING REST



LORD, IT IS SO EASY TO GET WRAPPED UP IN THE EVENTS AND ACTIVITIES THIS TIME OF YEAR THAT I GROW WEARY. I NEED YOUR HELP. CHANGE MY PERSPECTIVE AND HELP ME FIND PEACE AND REST IN YOU ALONE.



HOW CAN YOU FIND TIME TO REST IN HIM THIS SEASON?





DECEMBER 3

JOY IS FOUND IN A HEART
FULL OF THANKS

O GOD, I COME TO YOU WITH A HEART FULL OF
THANKS AND PRAISE. YOU ARE SUCH A GOOD
FATHER AND HAVE RICHLY BLESSED ME.

.....

LET ME COUNT THE WAYS...



DECEMBER

4

JOY IS FOUND IN THE WONDERS
OF THIS SEASON

YOU, LORD, ARE THE LIGHT OF THE WORLD. YOU FILL
ME WITH A LOVE THAT THIS WORLD WILL NEVER
SATISFY. I AM FOREVER GRATEFUL. I WANT TO SEE
YOU IN ALL THE BEAUTY THIS SEASON HAS TO OFFER.

.....

BE INTENTIONAL AS YOU CHOOSE TO SEE GOD IN
ALL THE SMALL WONDERS OF THIS SEASON.

The background is a solid teal color. In the corners, there are line-art illustrations of flowers and leaves. Top-left: a cluster of flowers with large, rounded petals and a small bud. Top-right: a single large flower with five petals and a central stamen. Bottom-left: a flower with five petals and a stem with two leaves. Bottom-right: a cluster of flowers, including one large one and several buds on a stem.

DECEMBER 5

JOY IS FOUND IN FORGIVENESS OF SINS

JESUS, I AM FOREVER THANKFUL FOR THE PRICE YOU
PAID ON THAT CROSS FOR ME. I AM SO SORRY I FAIL
TO RECOGNIZE YOUR LOVE AND MERCY AT TIMES.

PLEASE FORGIVE ME FOR...

.....

READ PROVERBS 28:13 & PSALM 32:5



DECEMBER 6

JOY IS FOUND IN THE LITTLE MOMENTS

GRACIOUS GOD, I LOVE HOW YOU ARE FOUND IN EVERY DETAIL OF MY LIFE. WILL YOU REVEAL YOURSELF TO ME IN TIMES WHEN I FORGET TO SEE YOU? MEET ME ON A WALK OR AS I GO ABOUT MY DAY. I YEARN TO BE CLOSE TO YOU.



ARE THERE AREAS WHERE YOU CAN BE MORE OPEN TO SEEING HIS PRESENCE IN YOUR LIFE?



IT IS SAID THAT WE ARE TO FIND JOY
IN OUR TRIALS. BUT GOD, IF I AM
HONEST, I FALL TO THE WAYS OF MY
FLESH OFTEN. I LET CIRCUMSTANCES
CONSUME ME. JOY SEEMS LOST, AND I
GROW ANGRY OR BITTER. PLEASE
FORGIVE ME. I NEED YOU.



DECEMBER 7

JOY IS FOUND IN THE TRIALS



HAND YOUR HURT OVER TO HIM TODAY.

DECEMBER 8

JOY IS FOUND IN SERVING OTHERS

FAITHFUL FATHER, HELP ME SEE
THE NEEDS OF THOSE YOU HAVE
PLACED AROUND ME. GIVE ME A
HEART TO LOVE AND SERVE THOSE
YOU LAY ON MY HEART.

.....
WHO CAN YOU SERVE THIS SEASON?

DECEMBER 9

JOY IS FOUND IN SPIRITUAL GROWTH

THIS TIME OF YEAR OFTEN OPENS OUR HEARTS
IN NEW WAYS. JESUS, I INVITE YOU TO SHAPE
AND REFINE ME IN WAYS THAT NEED CHISELING.
CUT, PRUNE, AND REMOVE THE THINGS IN MY
LIFE THAT GIVE NO PURPOSE IN SERVING YOU.
HERE IS MY HEART...

.....
REFLECT ON JOHN 15:1-8



DECEMBER

10



JOY IS FOUND IN REMEMBERING WHO YOU ARE IN HIM

LOVING GOD, YOU CREATED ME WITH A PURPOSE
AND HAVE A PLAN. I HOLD TIGHTLY TO THAT TRUTH
BUT OFTEN FORGET. IN A WORLD CONFUSED WITH
THEIR REAL IDENTITY, WILL YOU BOLDLY DECLARE
WHO I AM IN YOU, FATHER?



.....

DIG INTO THE PSALMS AND PRAISE HIM TODAY.

PSALMS 139:14



DECEMBER

11

JOY IS FOUND IN THE QUIET STILLNESS



LORD, HELP ME BE STILL AND SEEK MOMENTS OF QUIET.
I NEED IT IN ORDER TO REGAIN MY SENSE OF PEACE
AND CLARITY. I LONG TO FEEL YOUR PRESENCE AND
NEED YOUR LOVE AND GUIDANCE.



MAKE TIME TO SIT IN SILENCE AND
SOAK IN HIS PRESENCE.





DECEMBER

12 JOY IS FOUND IN GIVING

JESUS, YOU ARE THE PERFECT GIFT! AS I SEARCH FOR THOSE PERFECT PRESENTS FOR FAMILY AND FRIENDS, HELP REMIND ME THAT THE REAL GIFT IS FOUND IN YOU. HELP ME SHARE THAT WITH OTHERS. WILL YOU OPEN MY HEART TO GIVE IN THIS WAY?



.....

WHO IS GOD LAYING ON YOUR HEART
THAT NEEDS TO HEAR ABOUT HIS
GIFT OF LOVE FOR THEM?



13 DECEMBER

JOY IS FOUND IN THE SWEET TIME WITH
PRECIOUS FRIENDS

YOU CREATED US FOR FELLOWSHIP, AND I AM
FOREVER THANKFUL FOR THE BLESSINGS OF SWEET
FRIENDSHIPS. WILL YOU BLESS THE TIME SPENT
WITH FRIENDS THIS SEASON, MAYBE EVEN OPEN MY
HEART TO CREATING NEW FRIENDSHIPS?

.....

ARE THERE FRIENDSHIPS YOU NEED
TO HAND OVER TO GOD AND ASK FOR
HIS BLESSING OR FORGIVENESS?

DECEMBER 14

JOY IS FOUND IN
HIDDEN BLESSINGS

LORD, I CAN GET SO BUSY I LOSE
SIGHT OF YOU. WITH PARTIES TO
HOST, COOKIES TO BAKE, AND
EVENTS TO ATTEND, EVERYTHING
CRIES...MORE, MORE, MORE. HELP
ME LEAN ON YOU AND FIND THE
"HIDDEN" BLESSINGS TUCKED IN
ALL THESE BEAUTIFUL MOMENTS
YOU OFFER.

.....

HERE IS WHERE I NEED HELP SEEING
MORE OF YOU...



DECEMBER 15

JOY IS FOUND IN A FAITHFUL FATHER



YOU ARE SO FAITHFUL! YOUR PROMISES RING
TRUE AND TOUCH MY HEART EVERY TIME I
EXPERIENCE YOUR UNFAILING LOVE. I PRAISE
YOU FOR ALL YOU HAVE DONE. HERE IS MY SONG
AND PRAISE....



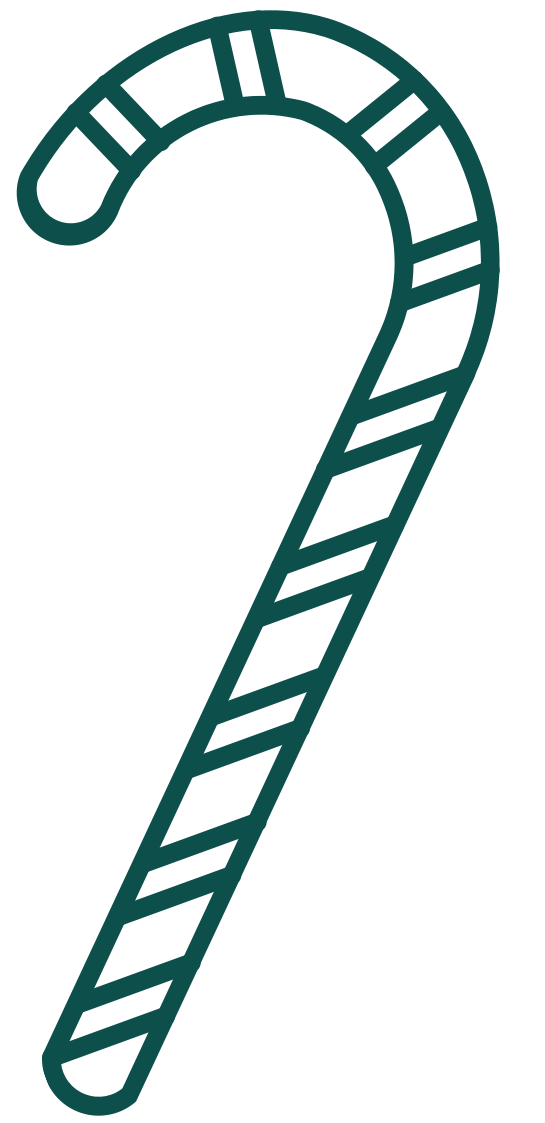
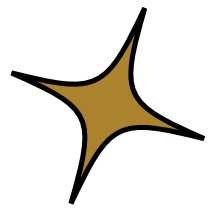
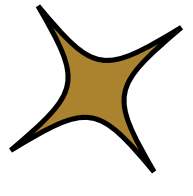
.....

LOOK UP 1 CORINTHIANS 1:9



DECEMBER 16

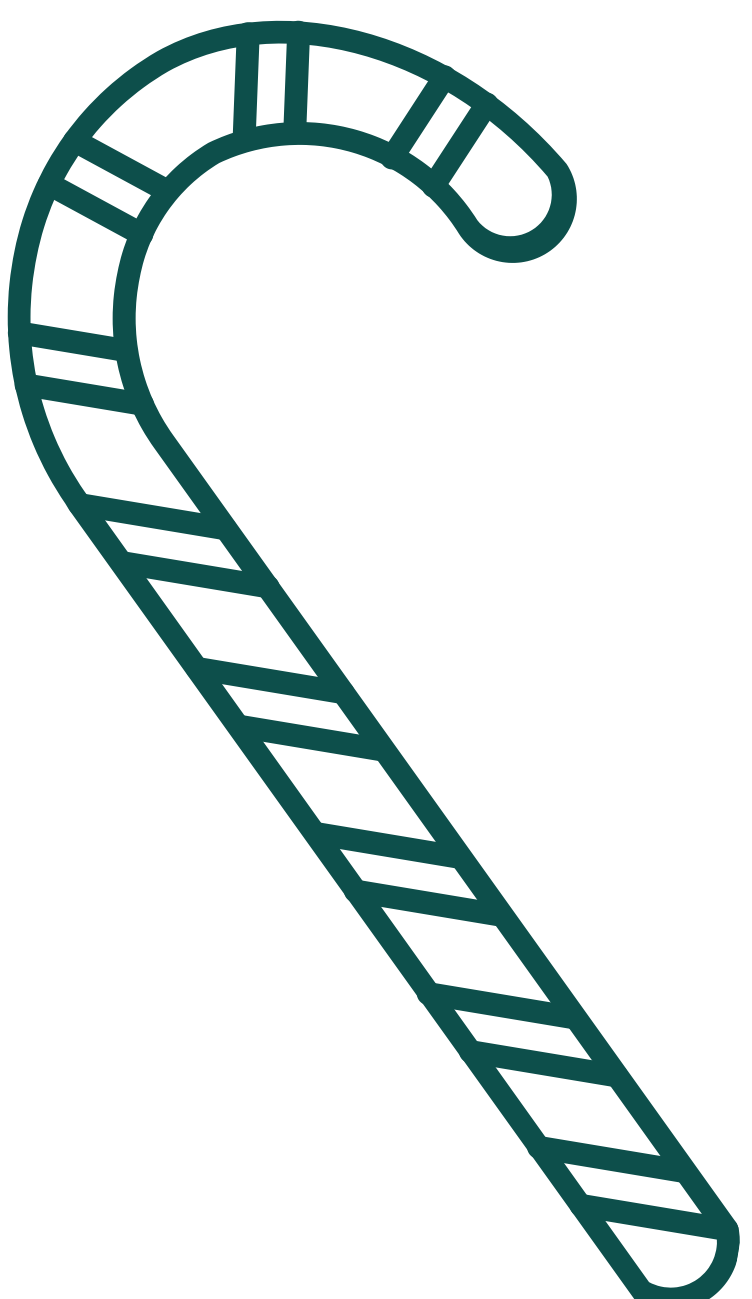
JOY IS FOUND IN LIVING WITH AN ETERNAL
PERSPECTIVE



JESUS, YOU TELL US THROUGHOUT YOUR
WORD THAT THIS IS NOT OUR FOREVER
HOME. THAT BRINGS ME SO MUCH HOPE THAT
I WILL ONE DAY BE UNITED WITH LOVED
ONES AND THAT YOU ARE OUR SOURCE OF
HELP AS WE LIVE IN THIS FALLEN WORLD.
HELP ME LIVE WITH THAT ETERNAL
PERSPECTIVE.

.....

WHAT GIVES YOU THE MOST HOPE
ABOUT THIS ETERNAL PROMISE?





DECEMBER 17

JOY IS FOUND IN OUR SUFFERINGS

O GOD, MY HEART IS SO HEAVY THIS TIME OF YEAR WHEN I REFLECT ON THE PAST. THERE ARE PAINFUL EVENTS THAT RESURFACE AND LEAD ME DOWN A PATH THAT IS DARK AND TRIGGERS MIXED EMOTIONS. PLEASE DRAW NEAR IN THESE TIMES.



LET GOD CARRY THIS BURDEN FOR YOU; HAND IT ALL TO HIM TODAY.

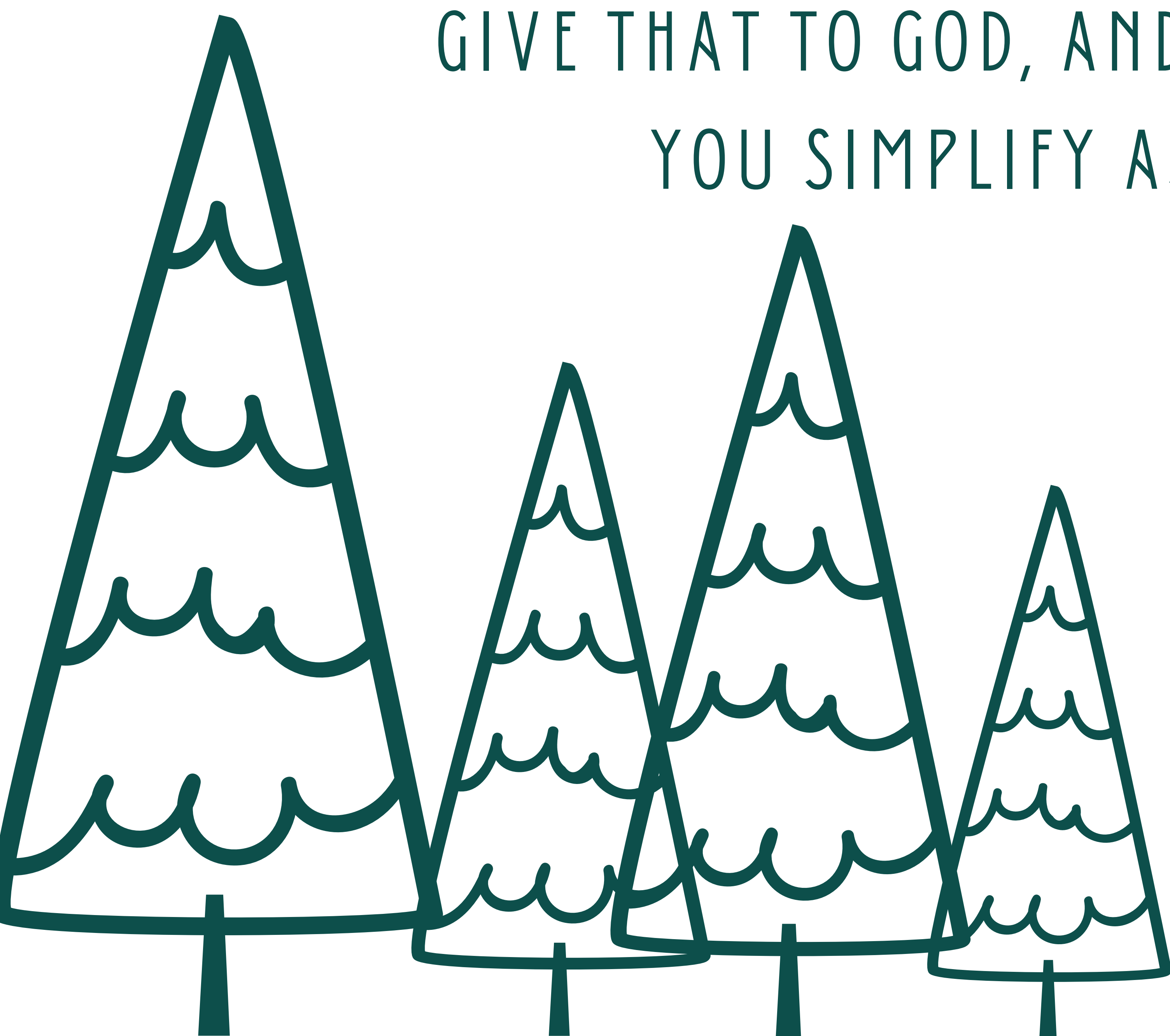


DECEMBER 18

JOY IS FOUND IN THE SIMPLE THINGS

IN BEING HONEST, I'VE GOTTEN WRAPPED UP IN THE COMMERCIALISM OF CHRISTMAS. GRACIOUS GOD, WILL YOU REMOVE THIS NEED TO DO MORE? HELP ME CHERISH THE EXPERIENCES RATHER THAN THE EXPECTATIONS.

HAVE YOU GOTTEN SWEEPED AWAY WITH PUTTING TOO MUCH ON YOUR PLATE? GIVE THAT TO GOD, AND PRAY HE HELPS YOU SIMPLIFY AS NEEDED.





DECEMBER 19

JOY IS FOUND IN TIMES OF PEACE

LORD, PLEASE GRANT ME PEACE AS WE COME INTO THESE LAST FEW DAYS TO PREPARE FOR THE GLORY OF YOUR BIRTH. BRING PEACE OF MIND, BODY, HEART, AND SOUL. REMOVE ANYTHING THAT IS CAUSING STRIFE OR PULLING ME AWAY FROM YOU.



HERE ARE AREAS IN WHICH I NEED YOUR GUIDANCE, LORD...




DECEMBER 20



JOY IS FOUND IN A COMFORTING GOD

YOU ARE MY GREATEST SOURCE OF COMFORT, OH
GOD. IN TIMES OF STRESS OR GRIEF, I KNOW YOU
FULLY CONTROL MY LIFE AND WRAP ME IN YOUR
LOVING ARMS.



ARE THERE PLACES IN YOUR LIFE
YOU NEED GOD'S COMFORT? GIVE
IT ALL TO HIM, AND LET HIM
COMFORT YOU.



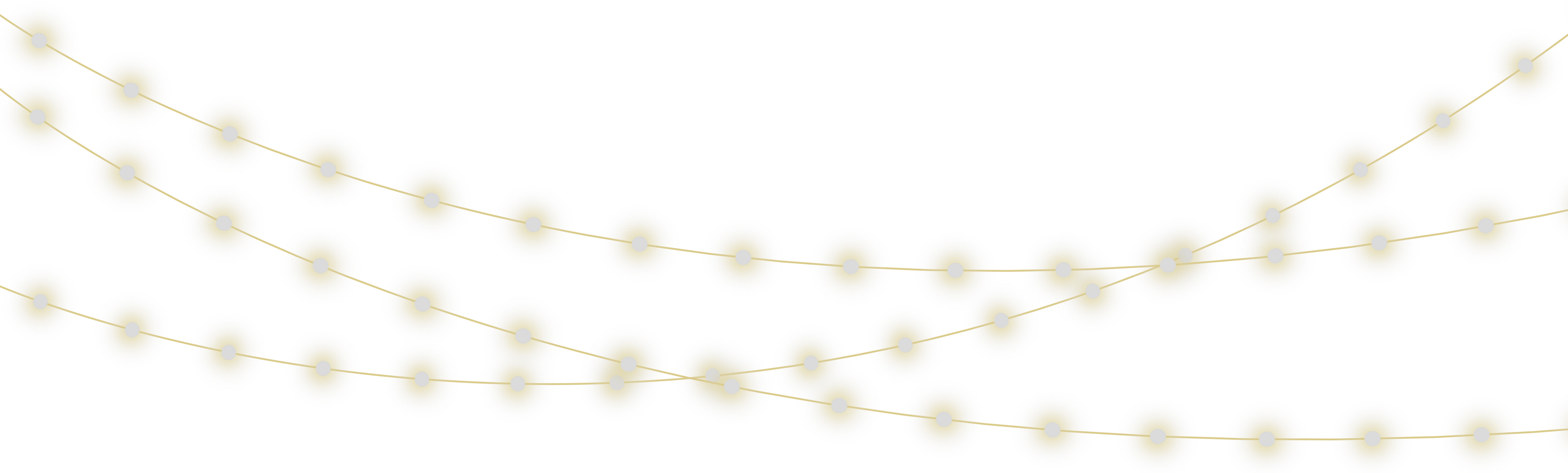


DECEMBER 21

JOY IS FOUND IN SEEING JESUS IN OTHERS

FATHER GOD, YOU CREATED US ALL DIFFERENTLY AND UNIQUELY. I LONG TO SEE THE BEST IN OTHERS AND SEE YOU IN THEM. PLEASE RESTORE ANY BROKEN RELATIONSHIPS AND HELP ME LOVE THEM AS YOU DO.

HERE ARE THE RELATIONSHIPS I
SUBMIT TO YOU, LORD...



DECEMBER 22



JOY IS FOUND IN ALL
THE FUN AND
EXCITEMENT

LORD, BETWEEN THE FULL CALENDAR OF EVENTS,
BAKING, AND CRAFTS THAT ARE STRATEGICALLY
PLANNED FOR THE CHILDREN, I OFTEN FORGET TO
HAVE FUN IN THE PROCESS. WILL YOU REIGNITE THAT
PASSION INSIDE OF ME AND LET ME TRULY ENJOY
THIS SEASON?

ARE YOU BENDING TO THE HOLIDAY STRESS OR
MAKING MEMORIES AND HAVING FUN?



DECEMBER



JOY IS FOUND IN THE EYES OF A CHILD

THE EXCITEMENT IN THEIR EYES SAYS EVERYTHING,
AND IT MAKES MY HEART FULL OF JOY. LORD, I WANT
TO EXPERIENCE THIS SWEET SEASON THROUGH THE
EYES OF BEING YOUR PRECIOUS AND BELOVED CHILD.
REMINDE ME OF YOUR LOVE AS WE CELEBRATE THE
BIRTH OF YOUR SON.

READ & REFLECT ON EPHESIANS 1:4-5



DECEMBER 24

JOY IS FOUND IN KNOWING JESUS
WILL RETURN

IT'S CHRISTMAS EVE. AS I GO ABOUT MY DAY AND PREPARE MY HEART FOR A BEAUTIFUL CELEBRATION TOMORROW, I AM REMINDED OF YOUR PRECIOUS PROMISE THAT JESUS WILL ONE DAY RETURN (HEBREWS 9:28). THAT GIVES ME SO MUCH HOPE AND PEACE. THANK YOU, JESUS!

READ THE STORY OF JESUS' BIRTH AND PONDER UPON HIS RETURN TO SAVE THE WORLD! (LUKE 2 OR MATTHEW 1)



JOY IS FOUND IN
KNOWING JESUS AS SAVIOR

DECEMBER

25

DEAR GOD, AS WE GATHER WITH FAMILY TODAY, WE GIVE YOU ALL OUR THANKS AND PRAISE. WE THANK YOU FOR THE BOUNTY OF BLESSINGS YOU HAVE SO FREELY GIVEN. WE THANK YOU FOR THIS PRECIOUS TIME WE HAVE WITH THOSE WE LOVE. WE THANK YOU FOR DELICIOUS FOOD AND PRECIOUS MEMORIES THAT WE WILL CREATE. MOST IMPORTANTLY, WE THANK YOU FOR YOUR SON, OUR LORD JESUS CHRIST. YOU ARE SUCH A LOVING FATHER. YOU DESERVE OUR GRATITUDE AND PRAISE. MAY OUR OPEN HEARTS POUR UPON YOU TODAY AS WE CELEBRATE YOU, OUR KING!

GIVE GOD YOUR FULL WORSHIP AND PRAISE TODAY. MAY YOU BE FILLED WITH PEACE AND UNWRAP THE BEAUTIFUL GIFT OF JOY!
MERRY CHRISTMAS!

