



SCRIPTURES FOR THE GRIEVING HEART THIS HOLIDAY SEASON

"You will keep in perfect peace those whose minds are steadfast, because they trust in you."

ISAIAH 26:3

"And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus."

PHILIPPIANS 4:7

"Your eyes saw my unformed body; all the days ordained for me were written in your book before one of them came to be."

PSALM 139:16

"Cast all your anxiety on him because he cares for you."

1 PETER 5:7

"You have taken account of my miseries; put my tears in your bottle. Are they not in your book?"

PSALM 56:8

"Are not two sparrows sold for a penny? Yet not one of them will fall to the ground outside your Father's care. And even the very hairs of your head are all numbered. So don't be afraid; you are worth more than many sparrows."

MATTHEW 10:29-31

"The Lord is my rock, my fortress and my deliverer; my God is my rock, in whom I take refuge, my shield and the horn of my salvation, my stronghold."

PSALM 18:2

"Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God."

2 CORINTHIANS 1:3-4

A PRAYER FOR THOSE IN GRIEF

Lord, you know those who are hurting right now. We know you care because you are our Heavenly Father. God, I thank you for giving us comfort when we hurt. Help us remember we are not alone as we grieve. Help us cling to You when we feel despair and we miss those we have lost. Father, show us how to take refuge in You when our hearts are shattered. We know you understand. So we lift up each person reading this right now. Comfort them. We pray this in Your Son's precious and Holy name. Amen.