

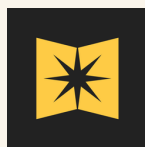
Holiday Prayer Journal



"All right then, the Lord himself will give you
the sign. Look! The virgin will conceive a child!
She will give birth to a son and will call him
Immanuel (which means 'God is with us')."

- Isaian 7:14

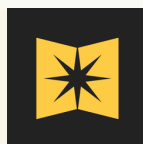
Guided Prayer Prompts for the Christmas Season



How to use this prayer journal ...

Here's a guide on how you can use this Simple Daily Prayer Journal

- **Date:** Start each entry with the date, allowing you to track your entries and organize them chronologically.
- **Title or Heading:** Consider adding a brief title or heading to each entry to summarize the main focus or theme of the day's journaling.
- **Mood or Emotion Tracker:** You might want to include a section or section heading to record your current mood or emotions. You can use a scale (e.g., 1-5) or descriptive terms (e.g., happy, sad, excited) to capture how you're feeling.
- **Things that I am grateful for:** Consider adding a dedicated space to express things you're grateful for each day. Gratitude journaling can have numerous positive effects on well-being.
- **Goals and Intentions:** Include a section where you can write down your goals, intentions, or affirmations for the day or the future. This helps with focus and motivation.
- **Reflections:** Add a section where you can reflect on the events of the day, any insights you gained, or lessons learned.
- **What I accomplished today:** Dedicate a spot to celebrate your accomplishments or positive things you've done during the day, no matter how big or small.
- **Space for Creativity:** If you enjoy creative expression, you can add an area for doodling, sketches, or any form of art that complements your journaling.

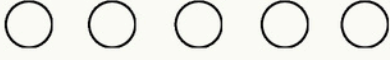


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



VERY SAD



VERY HAPPY

Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

All right then, the Lord himself will give you the sign. Look! The virgin will conceive a child! She will give birth to a son and will call him Immanuel (which means 'God is with us'). - Isaiah 7:14

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

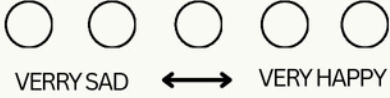


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



Daily Verse for Meditation

*The people who walk in darkness will see
a great light. For those who live in a land
of deep darkness, a light will shine.
- Isaiah 9:2*

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

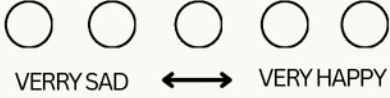


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

*For a child is born to us, a son is given to us.
The government will rest on his shoulders.
And he will be called:
Wonderful Counselor, Mighty God,
Everlasting Father, Prince of Peace.
- Isaiah 9:6*

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

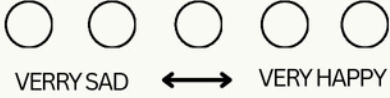


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

His government and its peace will never end. He will rule with fairness and justice from the throne of his ancestor David for all eternity. The passionate commitment of the Lord of Heaven's Armies will make this happen! - Isaiah 9:7

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

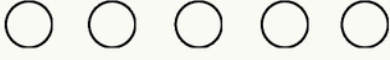


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



VERY SAD



VERY HAPPY

Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

*Out of the stump of David's family will grow
a shoot— yes, a new Branch bearing fruit
from the old root.*

-Isaiah 11:1

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

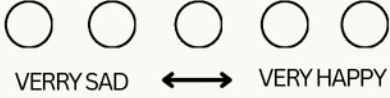


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

*And the Spirit of the Lord will rest on him—
the Spirit of wisdom and understanding,
the Spirit of counsel and might, the Spirit of
knowledge and the fear of the Lord.*

-Isaiah 11:2

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

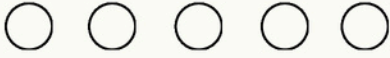


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



VERY SAD



VERY HAPPY

Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

*Listen! It's the voice of someone shouting,
"Clear the way through the wilderness for
the Lord! Make a straight highway through
the wasteland for our God!"*

-Isaiah 40:3

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

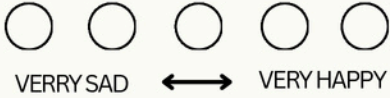


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

*The grass withers and the flowers fade, but
the word of our God stands forever.*
-Isaiah 40:8

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

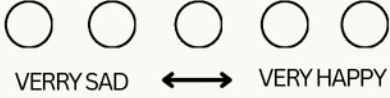


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

But you, O Bethlehem Ephrathah, are only a small village among all the people of Judah. Yet a ruler of Israel, whose origins are in the distant past, will come from you on my behalf. - Micah 5:2

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

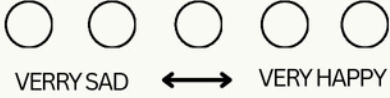


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

This is how Jesus the Messiah was born. His mother, Mary, was engaged to be married to Joseph. But before the marriage took place, while she was still a virgin, she became pregnant through the power of the Holy Spirit. - Matthew 1:18

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

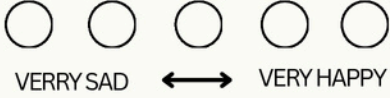


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

"Joseph, son of David," the angel said, "do not be afraid to take Mary as your wife. For the child within her was conceived by the Holy Spirit. And she will have a son, and you are to name him Jesus, for he will save his people from their sins." - Matthew 1:20-21

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

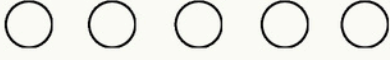


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



VERY SAD



VERY HAPPY

Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

Jesus was born in Bethlehem in Judea, during the reign of King Herod. About that time some wise men from eastern lands arrived in Jerusalem, asking, "Where is the newborn king of the Jews? We saw his star as it rose, and we have come to worship him."

-Matthew 2: 1-2

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

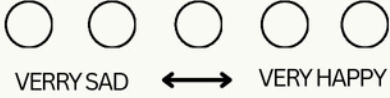


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

*When they saw the star, they were filled with joy! ¹¹ They entered the house and saw the child with his mother, Mary, and they bowed down and worshiped him. Then they opened their treasure chests and gave him gifts of gold, frankincense, and myrrh.
-Matthew 2: 10-11*

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

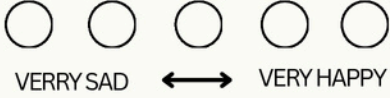


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

But the angel said, "Don't be afraid, Zechariah! God has heard your prayer. Your wife, Elizabeth, will give you a son, and you are to name him John. ¹⁴ You will have great joy and gladness, and many will rejoice at his birth ... - Luke 1:13-14

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

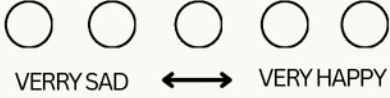


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



Daily Verse for Meditation

"Don't be afraid, Mary," the angel told her, "for you have found favor with God! You will conceive and give birth to a son, and you will name him Jesus. He will be very great and will be called the Son of the Most High. The Lord God will give him the throne of his ancestor David. And he will reign over Israel forever; his Kingdom will never end!" - Luke 1:30-33

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

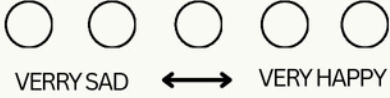


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

But the angel reassured them. "Don't be afraid!" he said. "I bring you good news that will bring great joy to all people. ¹¹ The Savior—yes, the Messiah, the Lord—has been born today in Bethlehem, the city of David!"
- Luke 2:10-11

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

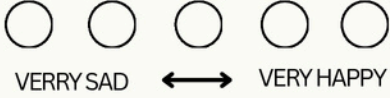


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

*In the beginning the Word already existed.
The Word was with God, and the Word
was God.
-John 1:1*

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

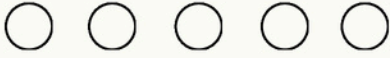


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



VERY SAD



VERY HAPPY

Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

*He existed in the beginning with God.
God created everything through him, and
nothing was created except through him.
-John 1:2-3*

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

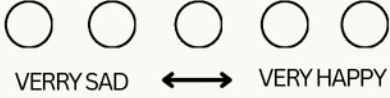


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

The Word gave life to everything that was created, and his life brought light to everyone. The light shines in the darkness, and the darkness can never extinguish it
-John 1:4-5

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

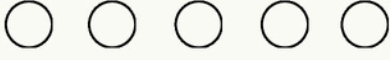


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



VERRY SAD



VERY HAPPY

Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

The one who is the true light, who gives light to everyone, was coming into the world.

-John 1:9

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

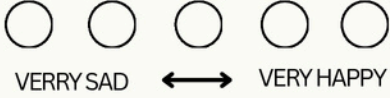


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

*He came into the very world he created,
but the world didn't recognize him. He
came to his own people, and even they
rejected him.*

-John 1:10-11

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

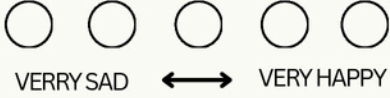


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

But to all who believed him and accepted him, he gave the right to become children of God. ¹³ They are reborn—not with a physical birth resulting from human passion or plan, but a birth that comes from God.
-John 1:12-13

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

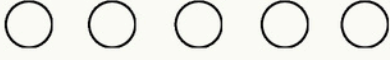


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



VERY SAD



VERY HAPPY

Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

So the Word became human and made his home among us. He was full of unfailing love and faithfulness. And we have seen his glory, the glory of the Father's one and only Son.

-John 1:14

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

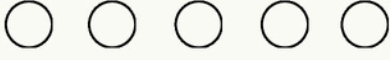


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



VERY SAD



VERY HAPPY

Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

"For this is how God loved the world: He gave his one and only Son, so that everyone who believes in him will not perish but have eternal life."

-John 1:16

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

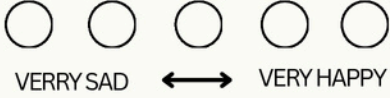


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

God sent his Son into the world not to judge the world, but to save the world through him.

-John 1:17

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

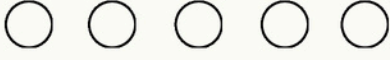


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



VERY SAD



VERY HAPPY

Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

Whatever is good and perfect is a gift coming down to us from God our Father, who created all the lights in the heavens. He never changes or casts a shifting shadow.

-James 1:17

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

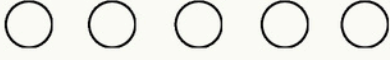


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



VERY SAD



VERY HAPPY

Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

For God is not a God of disorder but of peace, as in all the meetings of God's holy people.

-1 Corinthians 14:33

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

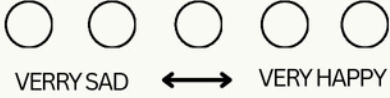


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

*Isaiah said,
"The heir to David's throne will come,
and he will rule over the Gentiles.
They will place their hope on him."
-Romans 15:2*

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

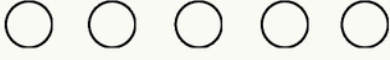


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



VERY SAD



VERY HAPPY

Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

I pray that God, the source of hope, will fill you completely with joy and peace because you trust in him. Then you will overflow with confident hope through the power of the Holy Spirit.

-Romans 15:3

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

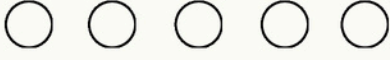


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



VERY SAD



VERY HAPPY

Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

And I have been a constant example of how you can help those in need by working hard. You should remember the words of the Lord Jesus: 'It is more blessed to give than to receive.'

-Acts 20:35

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

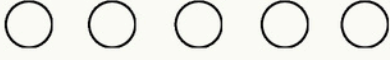


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



VERY SAD



VERY HAPPY

Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

"In those days John the Baptist came to the Judean wilderness and began preaching. His message was, "Repent of your sins and turn to God, for the Kingdom of Heaven is near."

-Matthew 3:1-2

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

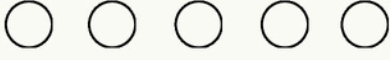


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



VERY SAD



VERY HAPPY

Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

People from Jerusalem and from all of Judea and all over the Jordan Valley went out to see and hear John. And when they confessed their sins, he baptized them in the Jordan River.

-Matthew 3:5-6

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

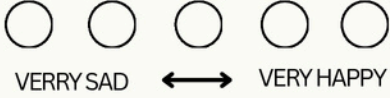


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



Daily Verse for Meditation

I baptize with water those who repent of their sins and turn to God. But someone is coming soon who is greater than I am—so much greater that I'm not worthy even to be his slave and carry his sandals. He will baptize you with the Holy Spirit and with fire. -Matthew 3:11

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

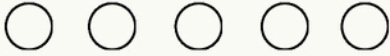


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



VERY SAD



VERY HAPPY

Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

Wherever your treasure is, there the desires of your heart will also be.
-Matthew 6:21

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

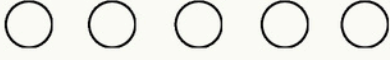


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



VERY SAD



VERY HAPPY

Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

And if God cares so wonderfully for wildflowers that are here today and thrown into the fire tomorrow, he will certainly care for you. Why do you have so little faith?
-Matthew 6:30

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

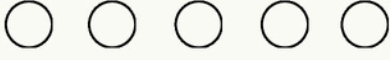


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



VERY SAD



VERY HAPPY

Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

"So don't worry about these things, saying, 'What will we eat? What will we drink? What will we wear?' These things dominate the thoughts of unbelievers, but your heavenly Father already knows all your needs.

-Matthew 6:31-32

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

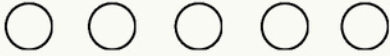


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



VERY SAD



VERY HAPPY

Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need.
-Matthew 6:33

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

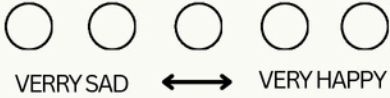


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

"So don't worry about tomorrow, for tomorrow will bring its own worries. Today's trouble is enough for today."
-Matthew 6:34

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

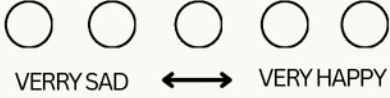


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

Give, and you will receive. Your gift will return to you in full—pressed down, shaken together to make room for more, running over, and poured into your lap. The amount you give will determine the amount you get back. -Luke 6:38

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

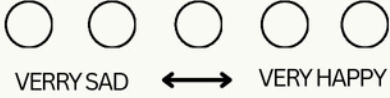


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

But when the right time came, God sent his Son, born of a woman, subject to the law. God sent him to buy freedom for us who were slaves to the law, so that he could adopt us as his very own children.
-Galatians 4:4-5

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

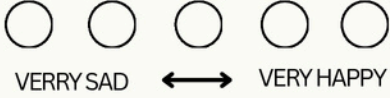


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

We proclaim to you the one who existed from the beginning, whom we have heard and seen. We saw him with our own eyes and touched him with our own hands. He is the Word of life.

-1 John 1:1

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

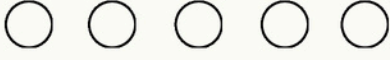


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



VERY SAD



VERY HAPPY

Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

This one who is life itself was revealed to us, and we have seen him. And now we testify and proclaim to you that he is the one who is eternal life. He was with the Father, and then he was revealed to us.
-1 John 1:2

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

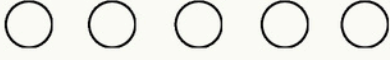


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



VERY SAD



VERY HAPPY

Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

We proclaim to you what we ourselves have actually seen and heard so that you may have fellowship with us. And our fellowship is with the Father and with his Son, Jesus Christ. 4 We are writing these things so that you may fully share our joy.

-1 John 1:3-4

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

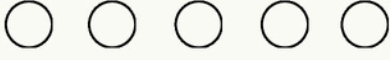


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



VERY SAD



VERY HAPPY

Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

*This is the message we heard from Jesus
and now declare to you: God is light, and
there is no darkness in him at all.*

-1 John 1:5

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

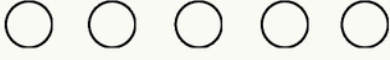


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



VERY SAD



VERY HAPPY

Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

So we are lying if we say we have fellowship with God but go on living in spiritual darkness; we are not practicing the truth. But if we are living in the light, as God is in the light, then we have fellowship with each other, and the blood of Jesus, his Son, cleanses us from all sin. -1 John 1:6-7

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

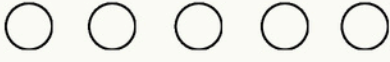


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



VERY SAD



VERY HAPPY

Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

We tell you this directly from the Lord: We who are still living when the Lord returns will not meet him ahead of those who have died.

-1 Thessalonians 4:15

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

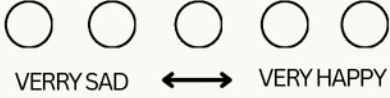


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

For the Lord himself will come down from heaven with a commanding shout, with the voice of the archangel, and with the trumpet call of God. First, the believers who have died will rise from their graves.

-1 Thessalonians 4:16

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...

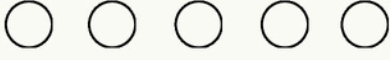


Prayer Journal

Title: _____

Date: _____

Mood/Emotion Tracker



VERY SAD



VERY HAPPY

Space for Creativity

(DOODLES, ILLUSTRATION, TEXT, ETC)

Daily Verse for Meditation

Then, together with them, we who are still alive and remain on the earth will be caught up in the clouds to meet the Lord in the air. Then we will be with the Lord forever. So encourage each other with these words.
-1 Thessalonians 4:17-18

Father, today I am thankful for ...

Lord, please heal ...

God, please bless ...

Notes and reflections ...



New Years Resolutions ...

