

7 Prayers

to Heal and Restore Your Family

By Vivian Bricker



A PRAYER TO SURRENDER PAST WOUNDS

"He heals the brokenhearted and binds up their wounds" (Psalm 147:3).

Lord, You see the hurt in my heart.
I surrender every wound and painful memory to You.
Heal what is broken within me and within my family.
Bring restoration where there has been division. Amen.



A PRAYER TO FORGIVE

"Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you" (Ephesians 4:32).

Father, You forgave me through Christ.
Help me forgive my family the same way.
Remove bitterness from my heart.
Teach me to release the past and walk in love. Amen.



A PRAYER FOR THE GRACE OF JESUS

"My grace is sufficient for you, for my power is made perfect in weakness... so that Christ's power may rest on me." (2 Corinthians 12:9)

Jesus, I cannot fix this on my own.
Your grace is sufficient for me.
Strengthen me in my weakness.
Restore my family through Your power. Amen.



A PRAYER FOR STRENGTH

"The Lord is my strength and my defense; he has become my salvation. He is my God, and I will praise him, my father's God, and I will exalt him" (Exodus 15:2).

Lord, be my strength in difficult moments.
Guide my words and calm my reactions.
Help me take responsibility where I've failed.
Repair what is broken between us. Amen.



A PRAYER TO LOVE OTHERS WITH CHRIST'S LOVE

"Love one another. As I have loved you, so you must love one another." (John 13:34)

Jesus, teach me to love as You love.
Even when it feels undeserved.
Let my family see Your heart through me.
Fill me with patience and grace. Amen.



A PRAYER TO LOVE AT ALL TIMES

"Above all, love each other deeply, because love covers over a multitude of sins" (1 Peter 4:8).

Father, help me love consistently.
Not based on how I'm treated.
Let Your love guide my responses.
Cover our family with deep, healing love. Amen.



A PRAYER FOR PEACE AND GROWTH

"But grow in the grace and knowledge of our Lord and Savior Jesus Christ." — 2 Peter 3:18

Lord, grow me in grace and maturity. Replace bitterness with peace. Strengthen our family bonds. Draw us closer to You and to one another. Amen.