

# Palm Sunday

PRAYERS, REFLECTIONS, & RESOURCES

*Written by Meg Bucher*

*A powerful collection of Palm Sunday Prayers to celebrate the triumphal entry of Jesus Christ into Jerusalem.*

**iBelieve**

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# The meaning behind Palm Sunday prayers

**On Palm Sunday**, the faithful gather to remember and relive the welcome Jesus received, often involving the distribution and waving of palm branches. Amid these observances, prayer plays a pivotal role, reflecting on this day's profound meaning and preparing the heart and mind for the journey through Holy Week.

Palm Sunday prayers typically include the themes of humility, sacrifice, and salvation, offering believers words to express their adoration, gratitude, and petitions to God. These prayers are a way to connect with the path that Jesus embarked upon and reflect on His love, suffering, and victory over death. Whether used in personal devotion, family gatherings, or church services, Palm Sunday prayers deepen our spiritual experience, drawing us closer to the heart of Easter's meaning.

***"So they took branches of palm trees and went out to meet him, crying out, 'Hosanna! Blessed is he who comes in the name of the Lord, even the King of Israel!'"***  
([John 12:13](#) ESV)

Prayer is our lifeline to the Father in heaven, the One True God. Jesus, fully God and fully man, came to earth to fulfill the will of His Father. Our Triune God remains with us through the incarnation of the Holy Spirit in every believer, made possible by Jesus' death on the cross!

The death and resurrection of Jesus was triumphant, indeed! Jesus was not the military conqueror king God's people expected. Let us pray on Palm Sunday to rejoice in our Savior's kingship and victory!

# Short Prayers

FOR PALM SUNDAY

*Palm Sunday offers a time for reflection and prayer, focusing on Jesus Christ's triumphant entry into Jerusalem and the beginning of Holy Week. The pages to follow include a few prayers that can be meaningful to include in Palm Sunday observances*

# Prayer for Humility and Praise

"Lord Jesus Christ, on this Palm Sunday, as we remember Your triumphant entry into Jerusalem, let us also remember the path that lay before You. Fill our hearts with the humility and faithfulness that You displayed. Teach us to follow Your example of selfless love, to praise You in our hearts and with our lives, as we carry our crosses daily. Hosanna in the Highest!"

## Prayer Reflection Points

- Take a moment to think about how Jesus entered Jerusalem not with power or status, but with humility.
- Reflect on times in your life where you've shown humility. Reflect on times when you haven't shown humility, but wish you had.
- Ask yourself: Where in my life is God calling me to choose humility instead of pride?

# Prayer of Thanksgiving for Jesus's Sacrifice

"Heavenly Father, we give You thanks for the gift of Your Son, Jesus Christ, who came not as a conquering king but as a humble servant. On this Palm Sunday, we celebrate His victory over sin and death, paving the way for our salvation. Help us to live in gratitude for His sacrifice, reflecting His love and grace in all that we do. Amen."

## Prayer Reflection Points

- Take a moment to thank God for something specific He has done for you through Christ—whether it's forgiveness, peace, hope, or healing.
- Reflect on how you've shown your thankfulness to family, friends, and coworkers for things they've done for you that you're grateful for.
- Ask yourself: Do my daily attitudes and choices reflect thankfulness, or do I tend to forget the gift of salvation?

# Prayer for Spiritual Renewal

"O God, as we enter this Holy Week, renew our minds and spirits. Let the story of Jesus's entry into Jerusalem inspire us to welcome Him into our hearts anew. May the palms we wave symbolize our commitment to follow Him more closely, to live lives of service and compassion, just as He taught us. Guide us through this week to the joy of Easter morning. Amen."

## Prayer Reflection Points

- Take a quiet moment to ask God to refresh an area of your life that feels tired, distant, or overwhelmed.
- Reflect on what it would look like to intentionally draw closer to Jesus Christ in your daily life this week.
- Ask yourself: Is there one habit, attitude, or distraction I should surrender so I can focus more fully on Him?

# Prayer for Peace and Justice

"Lord of Peace, on this Palm Sunday, as we remember Jesus's peaceful entry, we pray for peace in our hearts, homes, and world. Inspire us to carry forward the message of justice and peace that Jesus brought to Jerusalem. Empower us to be instruments of Your peace, advocating for the marginalized and working towards justice for all of Your creation. Hosanna in the Highest!"

## Prayer Reflection Points

- Take a moment to ask: Is there conflict, worry, or unrest in my heart, home, or relationships that I need to surrender to the Lord? Where do you need God's peace in your life?
- Reflect on whether your actions, words, and choices mirror His commitment to love, fairness, and service.
- Ask yourself: Where can you support or stand with those who are marginalized, overlooked, or vulnerable in your community?

# Prayer for the Journey of Faith

"Merciful God, as we journey through Holy Week, help us to walk closely with Jesus. From the joyous procession of Palm Sunday to the sorrow of Good Friday and the ultimate triumph of Easter, remind us of the profound love You have for us, a love that endures all trials and triumphs over all adversity. Strengthen our faith and keep us faithful to You. Amen."

## Prayer Reflection Points

- Take a moment to think: Am I intentionally seeking Him in my thoughts, decisions, and actions, or only in special moments?
- Reflect on whether you lean on God's love and faithfulness when facing difficulties, as Jesus did on His journey.
- Ask yourself: Where do I need strength, perseverance, or renewal to remain steadfast in faith?

# Long Prayers

FOR PALM SUNDAY

# A Palm Sunday Prayer to Rejoice in Hope

“Father, Palm Sunday is a reminder of the unexpected, yet fully anticipated, King of Kings. Jesus did not look like the Messiah Your people hoped for. The way He entered the Holy City of Jerusalem on that day, riding a young donkey as a significant sign of peace and fulfillment of prophecy, did not align with their expectations of a military conqueror. Much of our daily lives don’t align with our expectations, Father. So much of our lives don’t make sense. This Palm Sunday, let us embrace the unexpected entrance of our Savior, Jesus. He is Peace. Let us apply this incredible truth to our lives. Peace mattered to Jesus. He came to bring us Peace. He is peace. Father, how quickly we forget the Peace we possess in Christ! Remind us, minute by minute, as we navigate difficult days and trying times. Father, we need Peace to live life to the full, as Jesus died for us to live.”

## ***Pause & Reflect***

- Where in my life am I struggling to see God’s peace because things don’t make sense or go as I expected?
- How can I embrace the unexpected ways God shows up, like Jesus did on Palm Sunday, instead of insisting on my own plans?
- What practical steps can I take today to let Jesus’ peace guide my thoughts, words, and actions?

# Thank Jesus for the Pain He Faced for Us

“Jesus knew, riding into the Holy City amidst pomp and circumstance, what He would have to face in the coming days. How many of us wouldn’t continue on if we knew the worst possible ending was inevitable. He continued on to accomplish Your will, in peace, not panic. Though He passionately cried tears of blood, asking that there be any other way, He obediently and peacefully walked to the cross because it was the only way. We can walk through trouble, trial, and pain, because our Savior sustains us. He has already walked the most difficult path and died to defeat the death we deserve. All of the pain we experience on this earth is temporary, for those who embrace Him as Savior will be eternally with Him in heaven. No pain, no suffering, no sickness, no death. Imagine the peaceful parade, palms waving as He returns once again, to free us completely.”

## ***Pause & Reflect***

- Where am I facing pain, trial, or difficulty right now, and how can I lean on Jesus’ example of obedience and peace in the midst of suffering?
- Do I trust that the temporary struggles of this life are part of a greater story of redemption and eternal hope in Christ?
- How can I allow the reality of Jesus’ sacrifice to inspire me to persevere faithfully, even when the path is hard?

# Pray for Purpose through Forgiveness

“When we are hurting, struggling, or overwhelmed, Father, I pray we can embrace the scene of Palm Sunday, in all of its significance, in order to fuel a hope in us that will drive us on day after day, in peace-filled pursuit of Your purpose for our lives. Father, we confess today our sins. Specifically, forgetting You. Neglecting to remember and let Jesus’ sacrifice resonate with us. Jesus, You are closer than we could ever possibly understand. We confess worry, for we know You say it does us no good. Even still, we worry and become anxious daily. We confess our lack of care and love for the others You have placed in our lives. Father, our Savior laid down His life for every one of us, centuries before we would ever walk the earth. In the same sacrificial way, let us be willing to take up our crosses daily and lay down our lives for the people You have placed in them.”

## ***Pause & Reflect***

- In what areas am I holding on to worry or anxiety instead of trusting God’s plan for me?
- How can I show sacrificial love—like Jesus—to the people God has placed in my life today?
- Am I willing to take up my cross daily, surrendering my own desires to follow God’s purpose for my life?

# A Palm Sunday Prayer for Joyful Worship

“Thank You, Father, for the life You have given us. For the sun rising to start another day and the reminders of Your creation surrounding us. When we witness a beautiful mark of Your creative hand, let us recall that Christ was with You, too, when the world began and the sound of Your voice. He eventually came to Earth and watched the same sunrise we now see. He looked into the stars in the sky and now looks down upon us prayerfully, with love. With grateful hearts, we praise You, God, for who You are and who we are in You. Let the Peace of Christ’s Palm Sunday entrance remain in our memories. When we are fearful and anxious, help us to recall the Peace in which Jesus rode into the city so soon after to be crucified. God our Father, help us to act in grace and peace in the face of fear, both known and unknown, knowing You are incredibly close. In Jesus’ Name, Amen.”

## *Pause & Reflect*

- In what ways do I notice God’s presence in the beauty of creation around me, and how does that inspire my worship today?
- How can I intentionally act with grace and love toward others, even when life feels uncertain or challenging?
- Do I take time each day to praise God for who He is and for who I am in Him, or do I get distracted by worries and routine?

# Palm Sunday

SCRIPTURES

# Palm Sunday Scriptures

**Matthew 21:1-11 - Jesus Comes to Jerusalem as King:** "As they approached Jerusalem and came to Bethphage on the Mount of Olives, Jesus sent two disciples, saying to them, "Go to the village ahead of you, and at once you will find a donkey tied there, with her colt by her. Untie them and bring them to me. If anyone says anything to you, say that the Lord needs them, and he will send them right away." This took place to fulfill what was spoken through the prophet: "Say to Daughter Zion, 'See, your king comes to you, gentle and riding on a donkey, and on a colt, the foal of a donkey.'" The disciples went and did as Jesus had instructed them. They brought the donkey and the colt and placed their cloaks on them for Jesus to sit on.

A very large crowd spread their cloaks on the road, while others cut branches from the trees and spread them on the road. The crowds that went ahead of him and those that followed shouted, "Hosanna to the Son of David!" "Blessed is he who comes in the name of the Lord!" "Hosanna in the highest heaven!"

When Jesus entered Jerusalem, the whole city was stirred and asked, "Who is this?" The crowds answered, "This is Jesus, the prophet from Nazareth in Galilee."

# Palm Sunday Scriptures Cont.

**Zechariah 9:9** - Rejoice greatly, Daughter Zion! Shout, Daughter Jerusalem! See, your king comes to you, **righteous** and victorious, lowly and riding on a donkey, on a colt, the foal of a donkey.

**John 12:12-19** - The next day the great crowd that had come for the festival heard that Jesus was on his way to Jerusalem. They took palm branches and went out to meet him, shouting, "Hosanna! " "Blessed is he who comes in the name of the Lord!" "Blessed is the king of Israel!" Jesus found a young donkey and sat on it, as it is written: "Do not be afraid, Daughter Zion; see, your king is coming, seated on a donkey's colt."

**Psalms 118:25-26** - Save us, we pray, O Lord! O Lord, we pray, give us success! Blessed is he who comes in the name of the Lord! We bless you from the house of the Lord.

**John 3:16-17** - "For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life. For God did not send his Son into the world to condemn the world, but in order that the world might be saved through him.

## Additional Resources

### 8 Holy Week Prayers: A Palm Sunday Prayer



[Watch Video](#)

#### Related Readings:

[\*5 Things about Palm Sunday That Remind Us Christ Is King\*](#)  
[\*21 Palm Sunday Bible Verses to Rejoice that God Has Saved Us\*](#)  
[\*What Is Palm Sunday and What Does it Have to Do with Easter?\*](#)

## Additional Resources

LifeAudio: A Prayer of Praise on Palm Sunday

A promotional card for a LifeAudio prayer. The top half features a scenic background of mountains at sunrise with the text "YOUR DAILY prayer" in white. The bottom half is white with black text providing details about the prayer.

**A Prayer of Praise on Palm Sunday - Your Daily Prayer - Keri Eichberger and Lia Girard**

We praise him because he came, and because of the cross, we will be with him forever and ever. Praise God! Hosanna, today and every day! - Keri Eichberger D...

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# About the Author

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**Meg Bucher** is a graduate of Ashland University. She is a writer, author, editor, and digital content creator. She stepped away from her job in Internet Marketing in 2008 to raise her daughters, which gave her passion for writing a chance to shine through her blog, Sunny&80... Life within the Love of Christ. Meg has served as a Children's Worship Team Leader and Middle School Leader for her local church. She founded and led the Breakfast Club Bible Study for Tweens, has served as a Young Life Leader and Committee Member, and led Women's Bible Study.

She has also volunteered as a content creator for her local church, studied Bible/Ministerial Training through Global University, and completed COMPEL PRO Writers Training. A contributing writer for Salem Web Network since 2016, Meg is now thrilled to be a part of the team at Salem Web Network. You can find her entire library of books on her [Amazon Author Page](#).

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