

10 Soothing Psalms

FOR PEACE

1 *Psalm 3:5-6*

5 I lay down and slept; I woke again, for the Lord sustained me.

6 I will not be afraid of many thousands of people who have set themselves against me all around.

3 *Psalm 27:1*

The Lord is my light and my salvation; whom shall I fear? The Lord is the stronghold of my life; of whom shall I be afraid?

5 *Psalm 103:11-12*

11 For as high as the heavens are above the earth, so great is his steadfast love toward those who fear him;

12 as far as the east is from the west, so far does he remove our transgressions from us.

2 *Psalm 16:9-11*

9 Therefore my heart is glad, and my whole being rejoices; my flesh also dwells secure.

10 For you will not abandon my soul to Sheol, or let your holy one see corruption.

11 You make known to me the path of life; in your presence there is fullness of joy; at your right hand are pleasures forevermore.

4 *Psalm 34:18*

The Lord is near to the brokenhearted and saves the crushed in spirit.

6 *Psalm 40:1-3*

1 I waited patiently for the Lord; he inclined to me and heard my cry.

2 He drew me up from the pit of destruction, out of the miry bog, and set my feet upon a rock, making my steps secure.

3 He put a new song in my mouth, a song of praise to our God. Many will see and fear, and put their trust in the Lord.

7 *Psalm 46:1-3*

1 God is our refuge and strength, a very present help in trouble.

2 Therefore we will not fear though the earth gives way, though the mountains be moved into the heart of the sea,

3 though its waters roar and foam, though the mountains tremble at its swelling. Selah

9 *Psalm 116:3-7*

3 The snares of death encompassed me; the pangs of Sheol laid hold on me; I suffered distress and anguish.

4 Then I called on the name of the Lord: "O Lord, I pray, deliver my soul!"

5 Gracious is the Lord, and righteous; our God is merciful.

6 The Lord preserves the simple; when I was brought low, he saved me.

7 Return, O my soul, to your rest; for the Lord has dealt bountifully with you.

8 *Psalm 91:15*

15 When he calls to me, I will answer him; I will be with him in trouble; I will rescue him and honor him.

10 *Psalm 121:5-8*

5 The Lord is your keeper; the Lord is your shade on your right hand.

6 The sun shall not strike you by day, nor the moon by night.

7 The Lord will keep you from all evil; he will keep your life.

8 The Lord will keep your going out and your coming in from this time forth and forevermore.

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